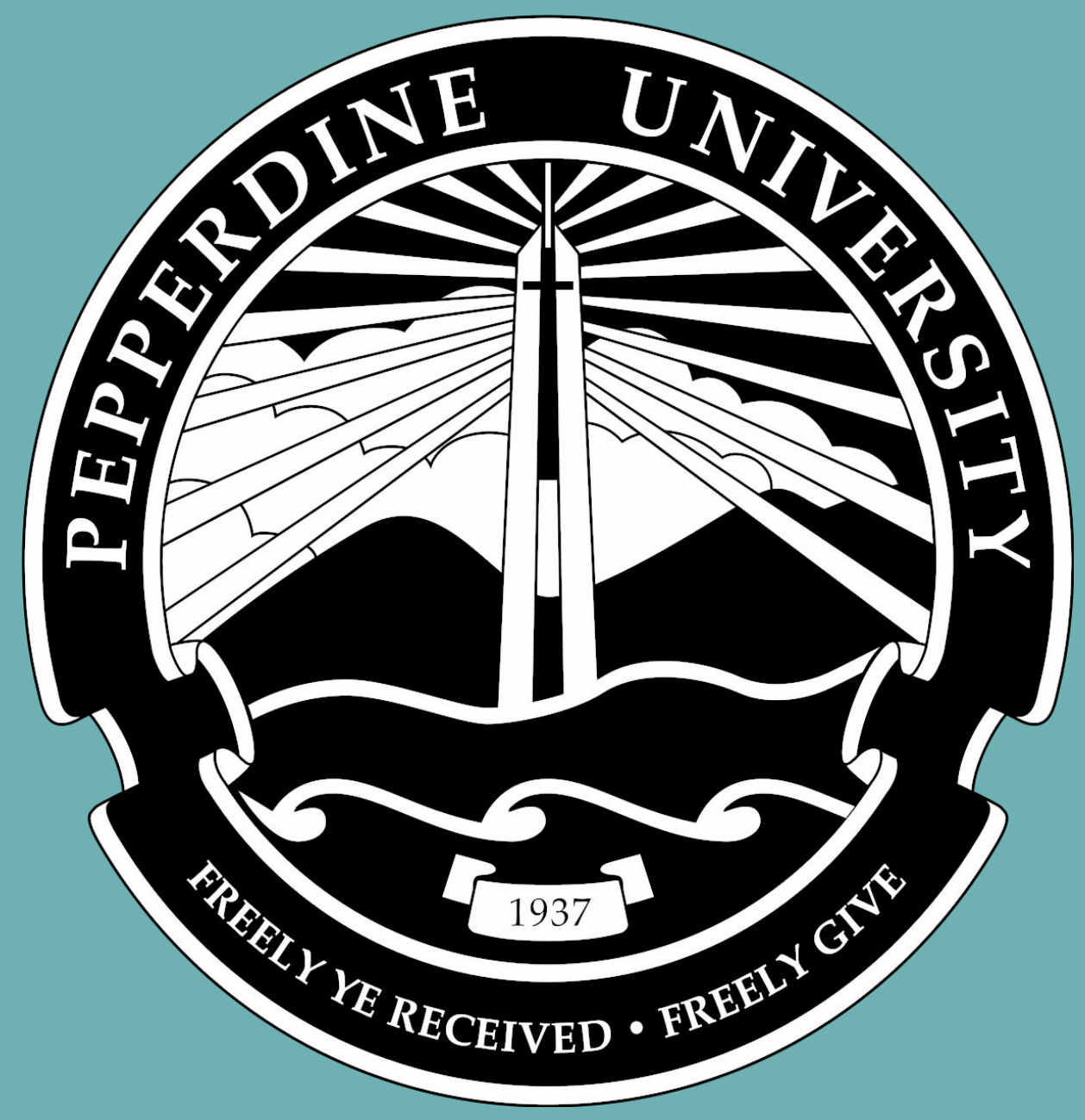
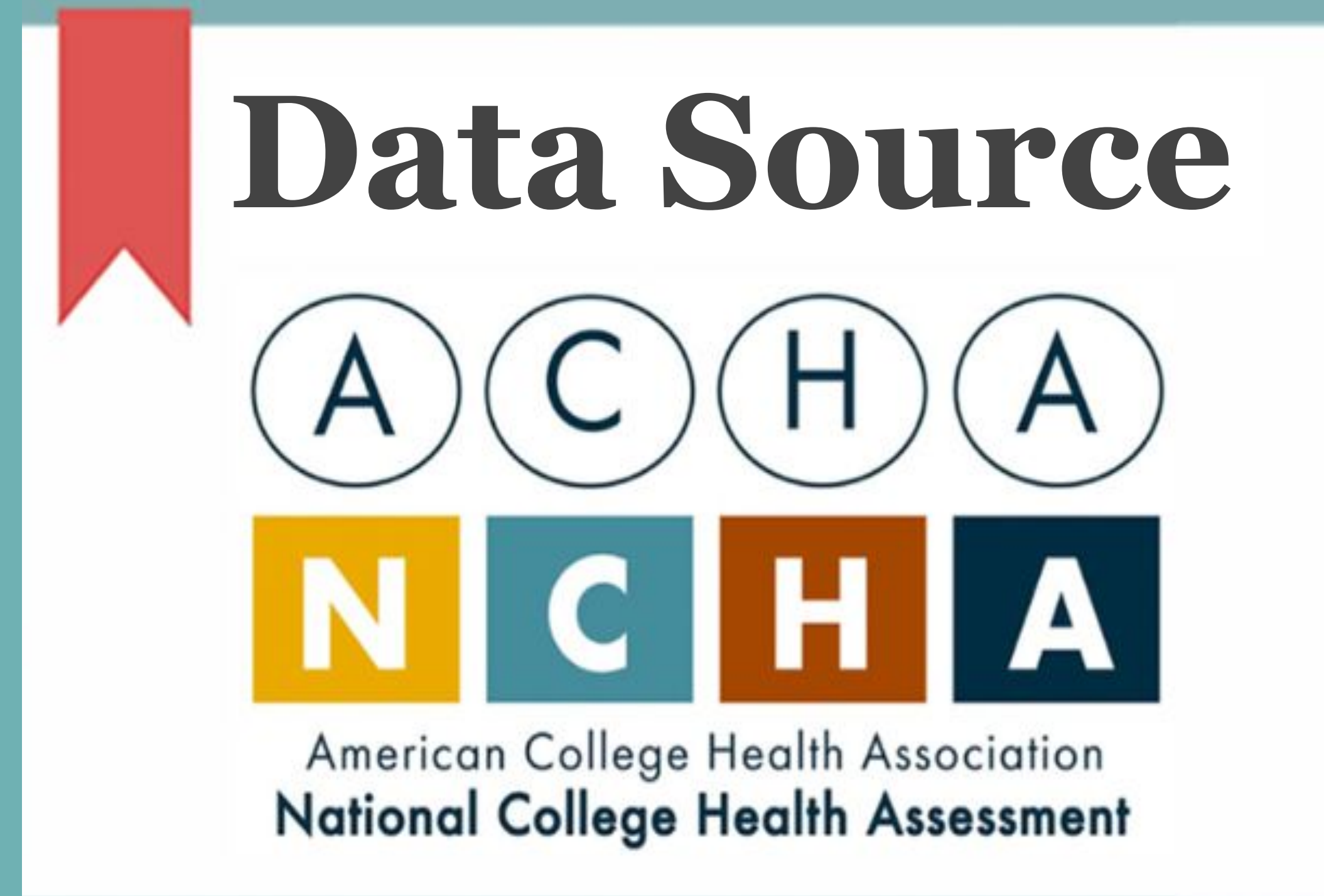


# Loneliness Rates among Undergraduates from 2008 to 2022, according to Data from the National College Health Assessment



Eunji Shin, Khanh Bui, & Joshua H. Park



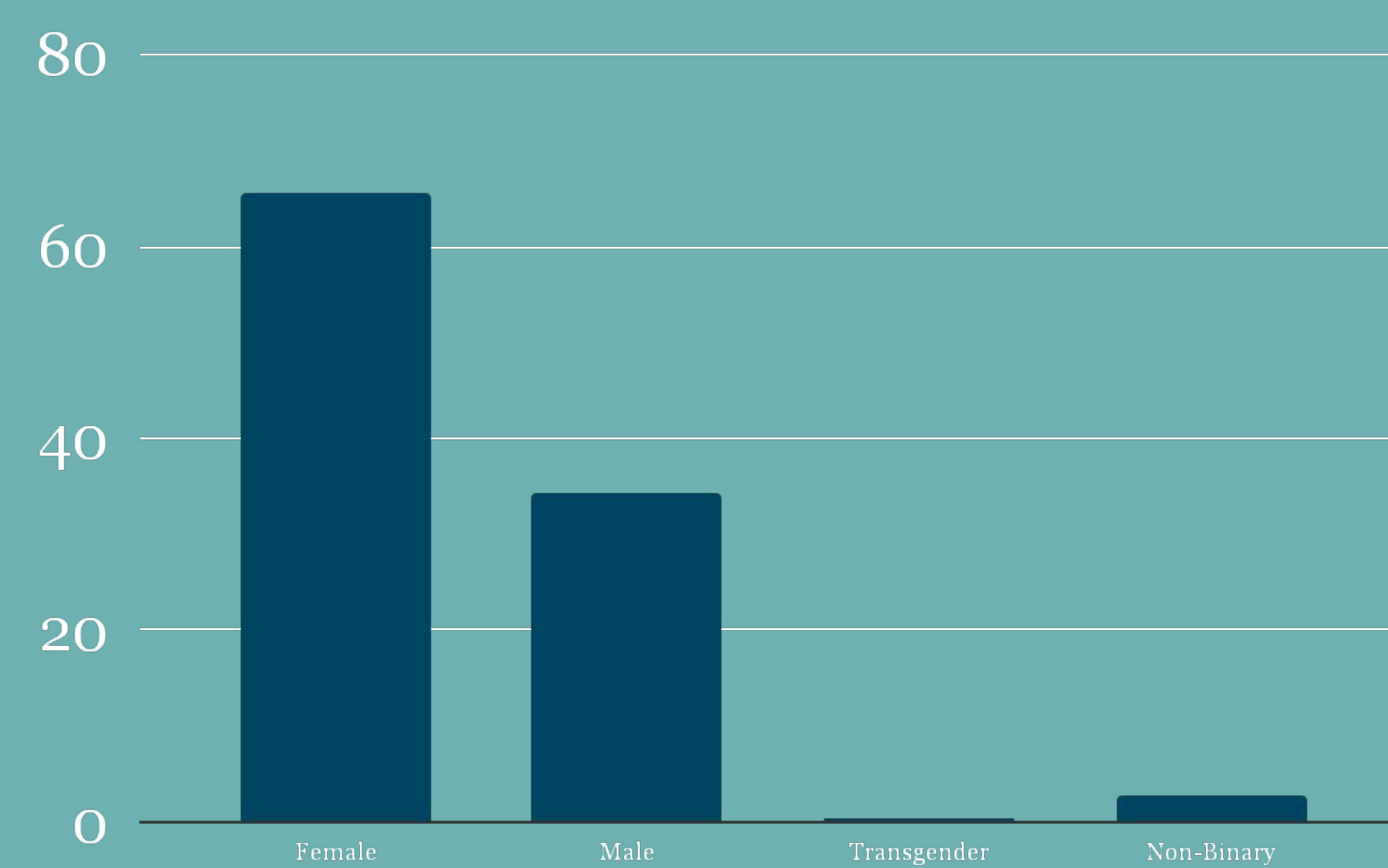
Loneliness is defined as the aversive perception of a discrepancy between one's desired and actual social relationships in either quantity or quality

**Findings**

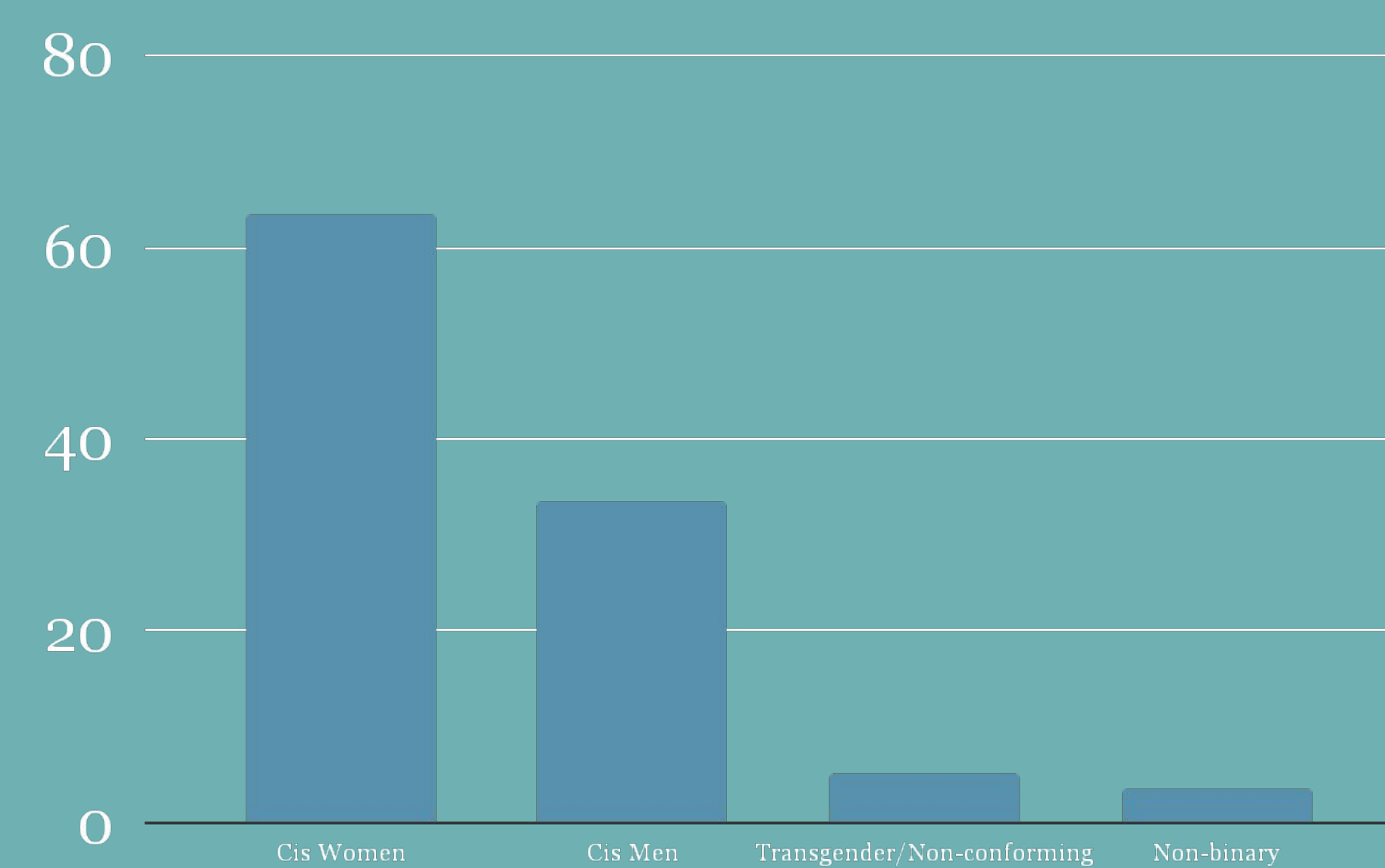
- 1) A **majority** (over 50%) of undergraduates are lonely
- 2) Loneliness rates are **increasing**

## Gender

NCHA II



NCHA III

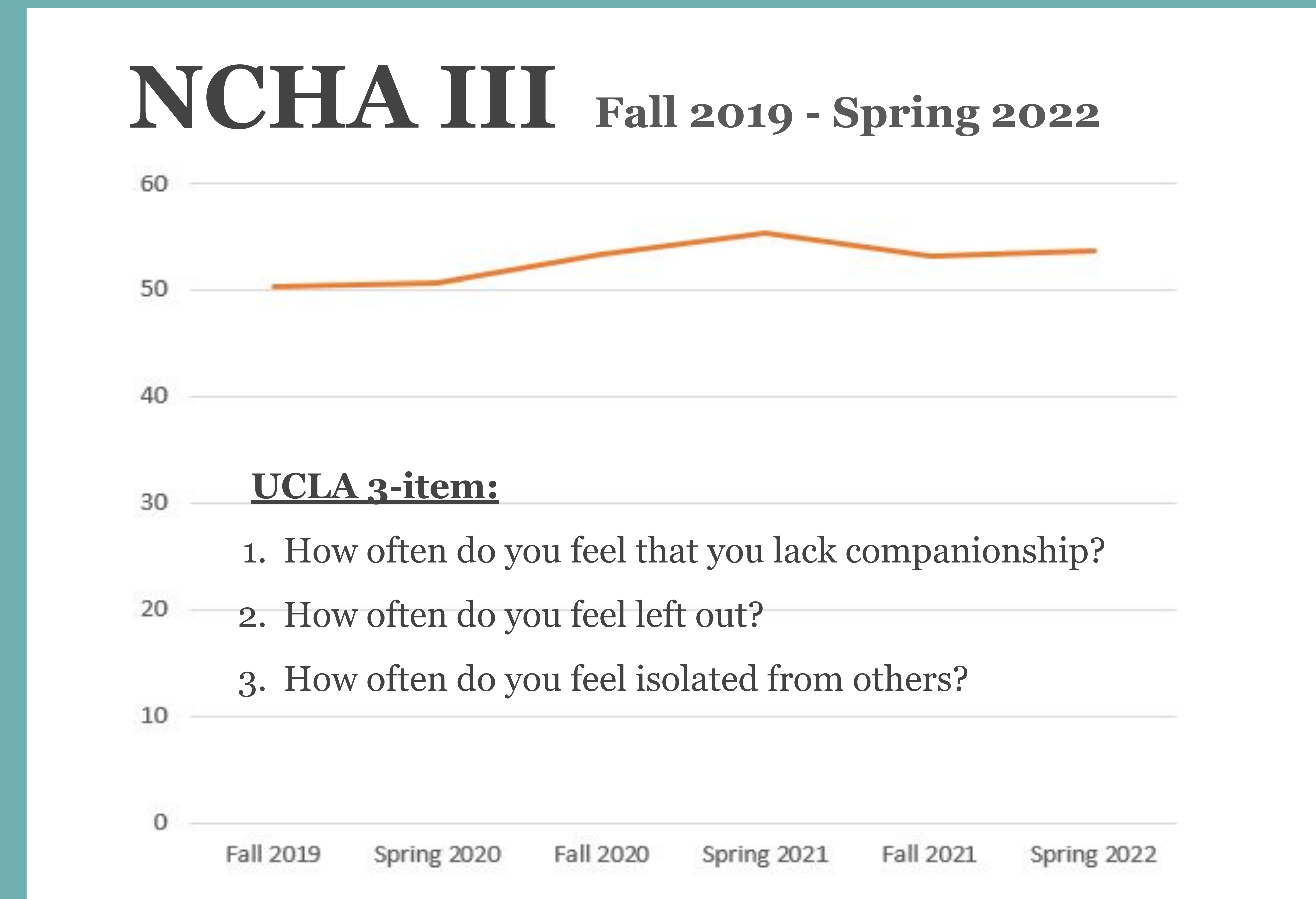
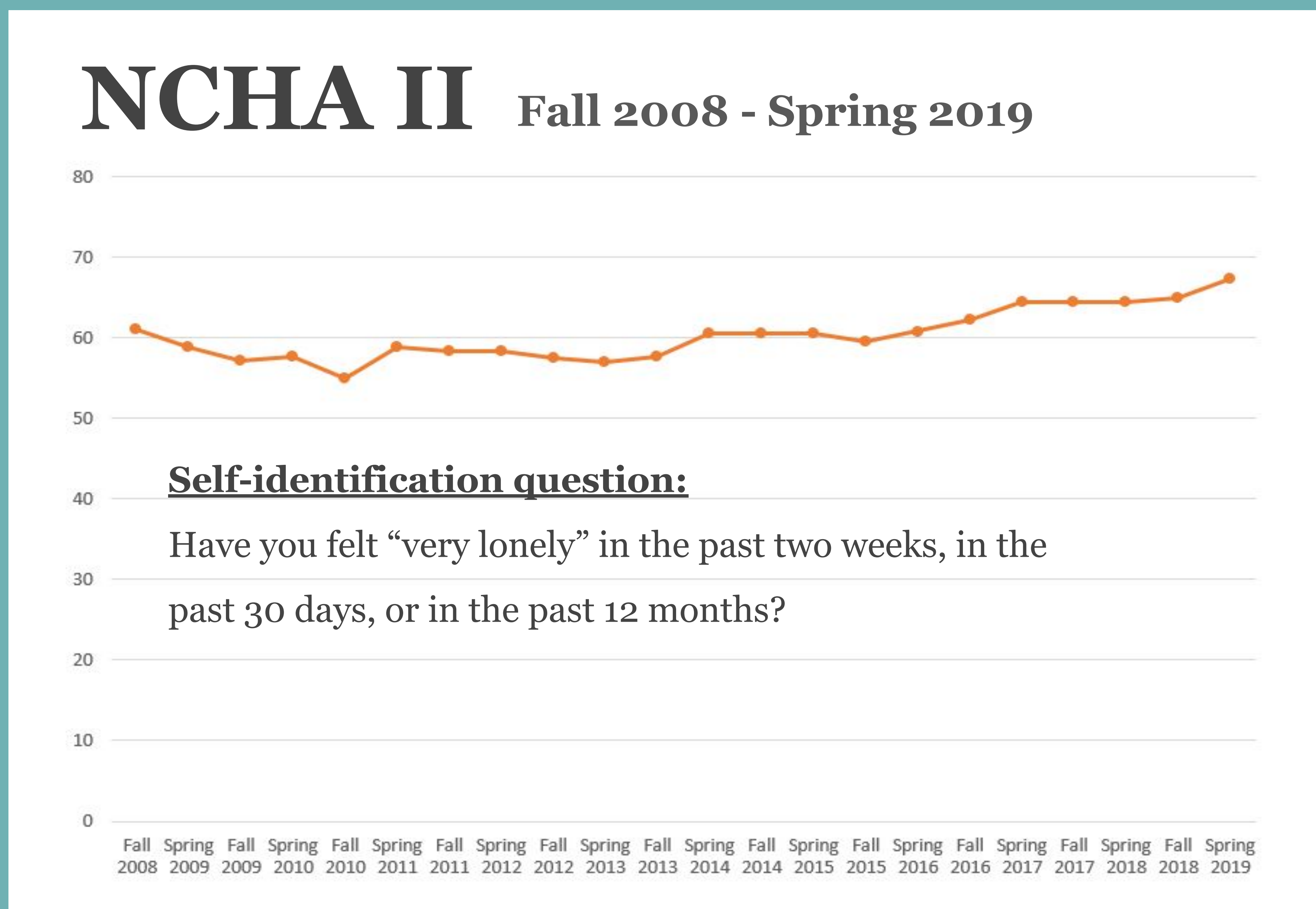
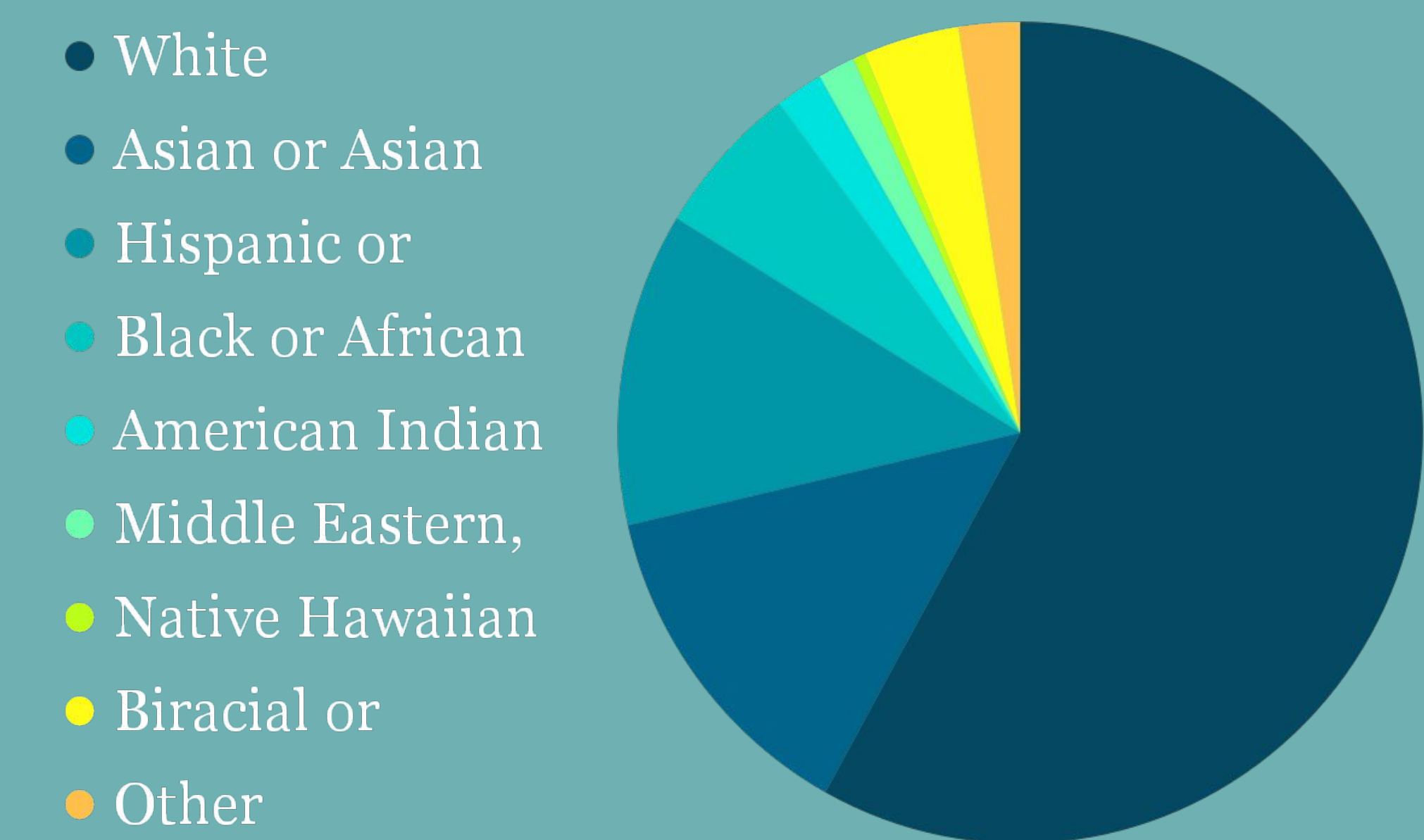


## Race

NCHA II



NCHA III



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Scan the QR code to learn more!

