



# News from the Crest



## RALEIGH RUNNELS POOL RENOVATION

- ❖ The anticipated pool renovation has officially arrived! The new facility will be available for use beginning August 1, 2013. Pool hours are offered at Malibu High School (schedule on next page).
- ❖ **FREE FITNESS CLASSES ARE OFFERED TO CREST THROUGH POOL CLOSURE**  
Featured Class: *Easy Does It*  
Low impact steps, jabs and punches to total body weight training and stretching for those new to aerobics or recovering from injury.  
Full fitness class descriptions available at [pepperdine.edu/campusrecreation](http://pepperdine.edu/campusrecreation).

## YOU'RE INVITED TO JOIN US FOR THE GAME-CHANGING EVENT OF THE YEAR PEPPERDINE ASSOCIATES DINNER AT THE BEVERLY HILTON HOTEL ON APRIL 6, 2013!



Saturday, April 6, 2013

Featuring special guest Tim Tebow.

**Saturday, April 6, 2013**

**6:30 p.m. Reception**

**7 p.m. Dinner**

The Beverly Hilton Hotel  
9876 Wilshire Boulevard  
Beverly Hills, California

Black tie optional. For more information, please call (310) 506-4115 or visit us online at [pepperdine.edu/associates/dinner](http://pepperdine.edu/associates/dinner).



Members of the Crest Advisory Board mentoring students from the Pepperdine Ambassador Council on Resume Review day. Thank you to all who attended!

## CREST ASSOCIATES: YOU'RE INVITED TO TWO FREE CREST AND WAVES RECEPTIONS!

### MARCH 23 - MEN'S TENNIS GAME, DEMONSTRATION AND RECEPTION

Crest and Waves Associates are invited to come support the Waves men's tennis team vs. Oklahoma at the Ralphs-Straus Tennis Pavilion! Beginning at 12:20 PM there will be a demo racket clinic followed by the match and lunch at 1 PM. Crest is hosting a complimentary lunch on the patio overlooking the courts.

### APRIL 10 - WOMEN'S SAND VOLLEYBALL GAME AND RECEPTION

Join us at the beach! Crest and Waves Associates are invited to join us to watch our Waves women's sand volleyball team vs. Long Beach and UCLA beginning at noon at Zuma Beach. Crest is hosting a complimentary lunch at Zuma. All sand volleyball games are free to the public. Visit [www.pepperdinesports.com](http://www.pepperdinesports.com) for the full schedule.

Please RSVP at least four days prior to each event by calling the Crest Associates office at (310) 506-4745 or via e-mail to: [crest@pepperdine.edu](mailto:crest@pepperdine.edu).

MALIBU HIGH SCHOOL POOL HOURS

MARCH

	MON	TUES	WED	THURS	FRI	SAT	SUN
AM	6-7:30		6-7:30		6-7:30	11am-3pm *A	7-10:00
PM		6:30-8 *D		6:30-8 *D	5-7:00 *S		

APRIL - JUNE 10

	MON	TUES	WED	THURS	FRI	SAT	SUN
AM	6-7:00		6-7:00		6-7:30	11am-3pm *A	7-10:00
PM		6:30-8 *D		6:30-8 *D	5-7:00 *S		

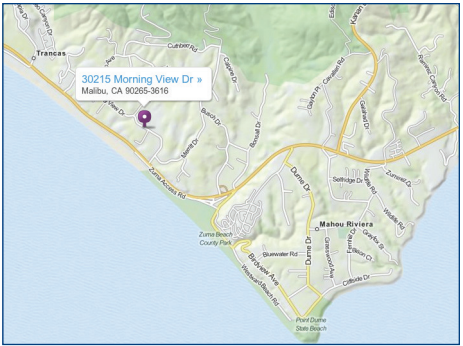
JUNE 10 - AUGUST

	MON	TUES	WED	THURS	FRI	SAT	SUN
AM	6-7:30		6-7:30		6-7:30	11am-3pm *A	7-10:00
PM		6:30-8 *D		6:30-8 *D	5-7:00 *S		

\* = Please see legend on right.

\*\*\*All information is subject to change. The Crest Office will keep you updated on closures and time changes. \*\*\*

Malibu High School  
30215 Morning View Drive  
[www.malibuhigh.org](http://www.malibuhigh.org)



PEPPERDINE SWIM

Allows entrance to ONLY Crest/Pepperdine use during red times.

CITY OF MALIBU SWIM

Pool time shared with all other city users during black times.  
Circle pattern swimming may apply to all of the below.

\*D = 2 lanes deep end

\*S = 2 lanes shallow end

\*A = all other lanes

CREST FACILITY HOURS AND SCHEDULED CLOSURES MARCH 2013

RALEIGH RUNNELS MEMORIAL POOL \*\*

Regular Hours	Closures and Exceptions
See pool schedule for daily hours and additional closures	CLOSED FOR CONSTRUCTION

WEIGHT CENTER (FIRESTONE FIELDHOUSE- LOWER LEVEL) \*\*

Regular Hours	Closures and Exceptions
Monday - Thursday 6 AM - Midnight	Tuesday and Friday Cardio Only 10 - 11 AM
Friday 6 AM - 8 PM	Closed Wednesdays 10 - 10:30 AM for Convocation
Saturday 8 AM - 8 PM	
Sunday Noon - 10 PM	

GROUP FITNESS CLASSES \*\*

For Daily Class Schedule visit: <a href="http://www.pepperdine.edu/campusrecreation/fitness/grouprecreation.htm">www.pepperdine.edu/campusrecreation/fitness/grouprecreation.htm</a>	FREE CLASSES OFFERED TO CREST DURING POOL CLOSURE
---	---

LOCKER ROOM HOURS \*\*

Regular Hours	Closures and Exceptions
Open when the pool and/or weight center are open	Mens locker room closures: March 2: 10 AM - 6 PM March 8, 12, 15: After 3 PM Womens locker room closures: March 2: Noon- 6 PM

STOTSENBERG TRACK \*\*

Regular Hours	Closures and Exceptions
Daily Sunrise - 10 PM (Alumni Park is an alternative for those who like to jog)	Closed Mon - Fri from 2-5 PM for track team practice Closed Mon - Fri 7-9AM for soccer team practice

TENNIS COURTS (adjacent to John Tyler Drive) \*\*

Regular Hours	Closures and Exceptions:
Daily Sunrise - 10 PM If you need a new or replacement light or ball machine key please call the Crest Office.	Thursdays 8:30-10:30 AM - Crest Doubles League March 6 & 20 @ Noon - Upper courts closed for court washing March 13 & 27 @ 1 PM - Lower courts closed for court washing

PAYSON LIBRARY

For Daily Schedule and Closures Visit: <a href="http://library.pepperdine.edu">library.pepperdine.edu</a>	Closures and Exceptions: Closed March 2
--	--

\*\* Hours subject to change and priority use by students, faculty, staff, and University activities

group

exercise

Spring 2013

Jan 7th- April 26th

New Classes

Mon	Tues	Wed	Thurs	Fri
<b>Sunrise Shred</b> 6:00-6:50 am Hayley	<b>Cycle</b> 6:00-6:50 am Hayley	<b>Caveman Training</b> 6:30-7:20 am Dusty	<b>Sunrise Shred</b> 6:00-6:50 am Hayley	<b>Caveman Training</b> 6:30-7:20 am Dusty
<b>Beginner Ballet</b> 8:00-8:50 am Rebecca	<b>Easy Does It</b> 9:00-9:50 am Claudia	<b>Beginner Ballet</b> 8:00-8:50 am Rebecca	<b>Easy Does It</b> 9:00-9:50 am Claudia	<b>Yin Yoga</b> 11:00-11:50 am Lisa
<b>Easy Does It</b> 9:00-9:50 am Claudia	<b>Metabolic Makeover</b> 11:00-11:50 am Jordan	<b>Cardio Kickbox</b> 11:00-11:50 pm Mike	<b>Easy Does It</b> 9:00-9:50 am Claudia	<b>Power Sculpt</b> 12:00-12:50 pm Mike
<b>Cardio Kickbox</b> 12:00-12:50 pm Mike	<b>Kettlebell Power</b> 12:00-12:50 pm Nicole	<b>Flow Yoga &amp; Meditation</b> 12:00-1:00 pm Joey	<b>Cycle</b> 12:00-12:50 am Charlotte	<b>Cycle</b> 4:30-5:20 pm Shelby
<b>Cycle Tone Circuit</b> 4:30-5:20 pm Claudia	<b>Power Sculpt</b> 4:30-5:20 pm Mike	<b>Zumba</b> 4:30-5:20 pm Claudia	<b>Vinyasa Flow</b> 1:00-2:00 pm Lisa	<b>Power Yoga</b> 5:30-6:45 pm Joline
<b>Zumba</b> 5:30-6:30 pm Amanda	<b>Fitness Yoga</b> 5:30-6:45 pm Amanda	<b>Cycle</b> 5:30-6:30 pm Shelby	<b>Cardio Kickbox</b> 4:30-5:20 pm Mike	<b>Sat</b>
			<b>Power Sculpt</b> 5:30-6:20 pm Nicole	<b>Cycle</b> 8:00-8:50 am Shelby
			<b>Candlelight Yoga</b> 6:30-7:45 pm 5 Point Yoga	<b>Sun</b>

PEPPERDINE

CAMPUS RECREATION

PEPPERDINE.EDU/CAMPUSRECREATION/FITNESS  
310-506-6327  
Check the website for Group Fitness policies, special events, class details, and more!

\*\*CLASSES SUBJECT TO CHANGE



## MARCH 2013 CALENDAR

**March 1 – March 31 – *Illustrating Modern Life: The Golden Age of American Illustration from the Kelly Collection Art Exhibit***  
*Frederick R. Weisman Museum of Art.*  
Admission is free. [arts@pepperdine.edu](mailto:arts@pepperdine.edu)

**March 2 – Women's Basketball vs. St. Mary's**  
**2 PM** – Contact Jamil Macias at (310) 506-4935 for tickets. [www.pepperdinesports.com](http://www.pepperdinesports.com)

**March 9 - Women's Sand Volleyball vs. Florida**  
Zuma Beach – 10 AM – free.  
[www.pepperdinesports.com](http://www.pepperdinesports.com)

**March 12 – Dan Sanders, Albertsons, President – Southern California Division Featured speaker for Dean's Executive Leadership Series.** Center Club, 650 Town Center Drive, Garden Level, Costa Mesa, CA 92626. 5:30 PM - Cost: \$20. Register at [bschool.pepperdine.edu/dels/speakers/2012-2013/dan-sanders.htm](http://bschool.pepperdine.edu/dels/speakers/2012-2013/dan-sanders.htm). RSVP online.

### March 12-16 – SONGFEST!

A musical variety show, which features a cast of hundreds of students and a live orchestra, historically thrills each of its sold-out audiences during its annual six-performance run every March. Tuesday, March 12 - Friday, March 15, 7:30 PM, Saturday, March 16, 2 and 7:30 PM. Smothers Theatre - \$20 – Purchase tickets at the box office at (310) 506-4522 or online [arts.pepperdine.edu/tickets](http://arts.pepperdine.edu/tickets).

### March 14 – Jerry Derloshon author of *Little Man on Wheels*

Author Jerry Derloshon chronicles the remarkable life story of Dewey Weber, surfing's first superstar in his new book *Little Man on Wheels*. It is the story of the dawn of the surf culture which began in Southern California in the 1950s and was quickly exported around the world. 4 PM – Payson Library – Surfboard Room – free

**March 15 – Men's Volleyball vs. UC San Diego** 7 PM – Contact Jamil Macias at (310) 506-4935 for tickets. [www.pepperdinesports.com](http://www.pepperdinesports.com)

**March 15, 16 – Baseball vs. Loyola Marymount**  
Contact Jamil Macias at (310) 506-4935 for tickets. [www.pepperdinesports.com](http://www.pepperdinesports.com)

**March 23 – Crest and Waves Reception – Men's Tennis vs. Oklahoma**  
Free to Crest Associates! Call (310) 506-4745 or e-mail: [crest@pepperdine.edu](mailto:crest@pepperdine.edu) to RSVP by March 19.

**March 30 – Rock the Roof: March Madness Done Right!**  
Icon Lounge Rooftop – 1:30-5:30 PM – Cost \$5. Registration coming soon at [bit.ly/rocktheroof](http://bit.ly/rocktheroof)

## HELPFUL LINKS

### ATHLETICS

**Athletics Tickets:** (310) 506-4935  
[www.pepperdinesports.com](http://www.pepperdinesports.com)  
**Pool:** (310) 506-4483

### CAMPUS RECREATION

(310) 506-4490  
[www.pepperdine.edu/campusrecreation](http://www.pepperdine.edu/campusrecreation)  
**Weight Center:** (310) 506-7575  
**Group Fitness Classes:** (310) 506-4490  
[www.pepperdine.edu/campusrecreation/fitness/groupexercises.htm](http://www.pepperdine.edu/campusrecreation/fitness/groupexercises.htm)

### JR. WAVES CLUB

[www.pepperdinesports.com/jrwavesclub](http://www.pepperdinesports.com/jrwavesclub)

### CENTER FOR SUSTAINABILITY

[www.pepperdine.edu/sustainability](http://www.pepperdine.edu/sustainability)

### CENTER FOR THE ARTS

**Smothers Theatre Tickets:**  
(310) 506-4522  
**Frederick R. Weisman Museum of Art:**  
(310) 506-4851, [arts.pepperdine.edu](http://arts.pepperdine.edu)

### CENTER FOR THE FAMILY

(310) 506-4771, [gsep.pepperdine.edu/family](http://gsep.pepperdine.edu/family)

### PAYSON LIBRARY

(310) 506-7273, [library.pepperdine.edu](http://library.pepperdine.edu)

### SEAVER COLLEGE

#### CAREER CENTER

(310) 506-4184

#### Student employment:

[www.pepperdine.edu/studentemployment](http://www.pepperdine.edu/studentemployment)

### PUBLIC RELATIONS AND NEWS

(310) 506-4138

#### University Events Calendar:

[www.pepperdine.edu/pr/events](http://www.pepperdine.edu/pr/events)

### PUBLIC SAFETY

(310) 506-4700

[www.pepperdine.edu/publicsafety](http://www.pepperdine.edu/publicsafety)

Read *News from the Crest* online at [www.pepperdine.edu/crest/newsletter](http://www.pepperdine.edu/crest/newsletter)